The Advocacy center of Jackson County NOVEMBER 2015

Where small voices are heard

The Protect Our Children Project is Expanding!

There are great things happening at the Children's Advocacy Center. One of those great things is that we were selected by The Ford Family Foundation to be one of eleven sites in Oregon and Northern California to participate in an effort to prevent child sexual abuse through a grant to expand our prevention program. This is breathing new life into our former prevention program and is quite exciting! This new life comes with a new name, Protect Our Children. The goal of the program through The Ford Family Foundation is to teach a total of 20,000 people in Oregon and Northern California over a 3-year period to recognize child sexual abuse using the nationally recognized curriculum, Stewards Of Children, which was developed by Darkness to Light. It is a large goal for the 11 partner sites to complete together, but we believe that with your help, it is attainable. Protect Our Children relies heavily on volunteer involvement. We have volunteer class facilitators who work under the direction of Leah Howell, Program Coordinator. If you feel passionately about protecting children from sexual abuse and have some time to volunteer, please contact Leah Howell at protectourchildrenjc@gmail. com. We need volunteer facilitators, volunteer assistants, and administrative help for this program.

One of the great things about the *Stewards of Children* curriculum is that the emphasis is put on adults having the responsibility to protect children from sexual abuse. Children are not equipped



Teachers at Logos Charter School receive training in the Stewards of Children curriculum, led by Janis Taft

to protect themselves from sexual abuse. Most sexual abuse is perpetrated by someone known to the victim. It can be very confusing for a child when someone they trust is violating sexual boundaries.

Statistically speaking, one in ten children will be sexually abused before they turn 18. This year 400,000 babies will be born who may be sexually abused at some point before they turn 18. That is astounding! The average lifetime cost of child sexual abuse is \$210,012 per victim. If we do the math, we will see that sexual abuse and its aftermath will cost \$84,004,800,000 for just the victims born this year. That figure does not take into account the costs that cannot be calculated. There is a study called the ACEs study. This study looks at the lifetime effects that adverse childhood experiences have on people over their lifetime. There is a link between these experiences and health

conditions such as diabetes, heart disease, depression, cancer, chronic lung disease and a shortened lifespan.

Here is the good news! We can start to do something about this. And the first step will only take 2 and ½ hours of our time. The Stewards of Children training teaches five simple steps to help you reduce the risk of sexual abuse happening to the children in your life. The class is facilitated by specially trained facilitators.

If you are an educator, business owner, volunteer or staff of a nonprofit youth serving agency or a concerned citizen, we can facilitate a class for you. There are monthly classes held at the Children's Advocacy Center or if there are five or more in your group, we will bring the class to you. Please contact us for more information and become a steward of children in our community.



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Communities where

children are safe,

become children

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again.

families are strong,

and our child victims

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To meet the needs of children and families by providing a community-based, child-focused center that facilitates a compassionate, multi-disciplinary approach to the prevention, treatment, identification, investigation, and prosecution of child abuse.



From the Desk of the Director

Continuing the Vision

By Tammi Pitzen, Executive Director

am soon closing in on completion of my second year as the Executive Director f the Children's Advocacy Center. It seems hard to believe that it has been two years since my family moved to the Rogue Valley. We have settled in and are enjoying all that Southern Oregon has to offer.

Year to date we have served 627 abused children and 296 non-offending caregivers with 1,028 therapy services, 90 mentoring services, 627 advocacy services, 314 forensic interviews and 161 medical services. We have trained 215 people in Stewards of Children through the Protect Our Children project.

We completed strategic planning in May of this year with facilitators from the Western Regional Children's Advocacy Center. This allowed our Center to be mindful of how to grow our capacity to serve the abused children of Jackson County and to be able to sustain that growth over time. We noted that it was time to add another position in the Intake Department. We will begin to search for the right candidate to join our staff as the Family Support Advocate/Forensic Interviewer. We also noted a need for more community awareness, more community outreach and a more robust volunteer program. We have also begun to search for the right candidate to join our team as the Community Outreach and Communications Coordinator. We are so appreciative to be able to partner with The Ford Family Foundation to help expand our capacity to serve the abused children of Jackson County.

One of the most time consuming projects in the last six months has been the revision of our website. We are so excited to have a new look! We want to thank Don Becklin who provided consultation and Matthew Allen with Revelation Marketing Systems for revising our website. If you have not already checked it out, please have a look at www.cacjc.org.

We are also very excited about our new video A Day in The Life of the CAC produced by Lithia Auto. Lithia has been so generous with their gift of this video. If you were not at Cherish a Child this year then you will want to go to our Facebook page and check out our video. It will soon be available on our website as well. This video provides insight into the hope and recovery that occurs at the CAC every day.

As we move into the last quarter of the year, we will begin the process of evaluating our programs to see where we need to make adjustments in our service delivery. We will begin to strengthen our delivery of advocacy and support services to the abused children we serve and their non-offending caregivers. We recognize the success of recovery for the children we serve lies not only in the intervention services we provide but also the tools and support we give their non-offending caregivers to continue the recovery process past the point of crisis.

Lastly, I want to thank all of the Foundations, Friends of the CAC and those who donate time, talent and treasure to the CAC. Without your generosity and the support of this community, we would not be able to provide hope and recovery to the abused children we serve. Together, we are making a difference in the lives of abused children in Jackson County.



Serving Children, Families & the Community: Department Updates



Intake, Forensic Interviews and Multi-Disciplinary Team (MDT)

We were able to send members of our MDT to the **Crimes Against Children Conference** in Dallas, Texas in August. Team members were from Medford Police Department, the CAC, the Jackson County Sheriff's Office and the Oregon State Patrol.

We have a current opening for a new Family Support Advocate/Forensic Interviewer who will provide forensic interviewing and advocacy services to children and their non-offending caregivers. This will allow our agency to provide a more robust array of services to the nonoffending caregivers and children seen in our Intake Center.

Medical Department

In the last six months, we have hired a Physician's Assistant in order to expand our medical services. For the first time in our history our medical department has a medical professional available 40 hours each week to see child abuse victims for medical evaluation, diagnosis and treatment. This has greatly expanded our ability to provide services to the abused children of Jackson County.

We were happy to host our annual Child Abuse Symposium in June. We gave the first annual *Protector of Children* award to Dr. Barbara Sibley of Southern Oregon Pediatrics for her ongoing work in helping children live safer, healthier lives. Dr. Sibley is a member of our Advisory Council.



Therapy and Mentoring

We are very excited to continue our partnership with **The Rose Circle** to provide mentoring circles to the abused children we serve. We provide one circle for boys and one circle for girls who have been victims of abuse. The Boys' Circle is provided through a grant from the **Touvelle Foundation**. We are so grateful.



CAC Medical Assistant Christine Daoust and therapist Elycia Bechard, LPC, helped young girls in our therapy program gain confidence and enjoy running in our Mini Mermaids running group this year!

We are continuing our **Building Bridges** project through a grant from the **WiLL Council**. We have offered workshops in theater arts through a partnership with the **Oregon Conservatory of the Performing Arts**, a **Mini Mermaids running group**, equine therapy sessions, and farming and cooking workshops at **Dunbar Farms** through a partnership with **Rogue Valley Farm to School**. We will offer workshops in art and dance in November and December.



Education A core team of CAC staff and MDT members has begun planning our annual child abuse symposium which will be

child abuse symposium which will be held in May or June of 2016. Stay tuned as this year will have a new look and new opportunities for professionals and community members interested in learning more about child abuse interventions and investigations.

We are very grateful to **The Ford Family Foundation** grant that is allowing us to expand our *Stewards of Children* child sexual abuse prevention training. If you are interested in holding a class for your friends, for your colleagues or your employees, please contact **Leah Howell** at **protectourchildrenjc@gmail.com**.

Parent Child Interaction Therapy Helps Parents and Children

By Elycia Bechard, LPC, CAC therapist

We are very happy to be offering Parent Child Interaction Therapy (PCIT) at our Center. PCIT is designed for children ages two through seven and their parents. PCIT has two phases: Child Directed Interaction (CDI) and Parent Directed Interaction (PDI). CDI helps enhance positive nurturing bonds between the parent and their child through play therapy techniques. PDI teaches parents how to give effective commands, which increases the child's opportunity to listen and comply.

PCIT is an evidence-based "best practice" in therapy. Studies continue to show that PCIT helps reduce the risk of child abuse. The PDI phase utilizes behavioral interventions of "time out" and strategic parenting strategies which are proven as effective modalities to help re-frame and regulate child behavior without the use of physical punishment. Parents are supported through each session and are taught skills to address their children's behaviors. PCIT helps increase parenting skills, attitude and confidence.

Thank You for Helping Infants, Children, and Teens in our Community!

Caring for Kids

July 2014 – June 2015

Champions \$20,000 and up

James M. Collier Mark and Donna Eisenstein / Irving **Eisenstein** Trust Sherman and Wanda Olsrud

Guardians \$5,000-\$19,999

Becklin Family Charitable Fund Southern Oregon Pediatrics

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We will list the sponsors for Cherish a Child 2015 in our next newsletter.

25th Anniversary Winter Gala, January 2015

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Foundation Grants

Thank you to the following foundations for grant awards between July 2014 and June 2015

| Ashland Food Co-op | \$1,000 | Jubitz Family Foundation | \$5,000 |
|-----------------------------------|-----------|------------------------------|----------|
| CAMI RSP | \$43,506 | McLoughlin Middle School | |
| CAMI MDT | \$274,857 | Community 101 | \$1,000 |
| Carpenter Foundation | \$5,000 | National Children's Alliance | \$9,700 |
| Carrico Foundation | \$20,000 | Oregon Community Foundation | \$10,000 |
| Chaney Family Foundation | \$7,500 | Phoenix High Community 101 | \$1,000 |
| City of Ashland | \$3,750 | Reed & Carolee Walker Fund | * 15 000 |
| Eagle Point High Community 101 | \$1,000 | of OCF | \$45,000 |
| ESCO Foundation | \$15,000 | The Ford Family Foundation | \$35,000 |
| Francine Stauffer Endowment | \$3,753 | Touvelle Fund of OCF | \$1,200 |
| Goodwill Industries | \$400 | VOCA | \$37,500 |
| Gordon Elwood Foundation | \$5,000 | Washington Elementary | |
| | , | Community 101 | \$1,000 |
| Hearts & Vines Foundation | \$10,000 | Wells Fargo Community Giving | \$700 |
| Jackson County Cultural Coalition | \$1,500 | Western Regional CAC | \$4,313 |
| Jackson County Health & | | WiLL Council of United Way | \$4,000 |
| Human Services | \$26,124 | tribb council of Officer Way | \$ 1,000 |

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Sherman and Wanda Olsrud

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We make every effort possible to ensure that this list is accurate. If we have made any errors, we sincerely apologize and would like to hear from you. Without your support, we could not continue serving children and families as we do, and we value your commitment to this work.

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Welcome to the Team!

Paige Farrell, PA-C Physician's Assistant

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In July Paige Farrell joined our medical department as our Physician's Assistant. Paige completed her training as a Women's Health Care

Physician Assistant from Harbor-UCLA in 1979. She has worked in a variety of specialties and clinical settings including family medicine, orthopedics, women's health care, pain management and at elementary and college school-based health clinics. She is fluent in medical Spanish. She enjoys working with mothers and children. She enjoys hiking with her dogs, swimming and gardening.

Stacey Pitman MDT/Intake Coordinator



In September Stacey Pitman joined our intake department as our MDT/Intake Coordinator. Stacey and her family moved to Med-

ford four and half years ago. Prior to joining the CAC team, Stacey worked at the District Attorney's Office. When she is not working, Stacey enjoys hiking, camping, and gardening with her family.

Connie Eaton Board of Directors



Connie Eaton joined our Board of Directors in October. Connie is the General Sales Manager at KOBI-TV NBC 5. Connie is also a facilita-

tor of Stewards of Children with our Protect Our Children program. Connie and her husband are the proud parents of a four-year-old son.



In August the Children's Advocacy Center held a luncheon to honor and thank our many volunteers. We had in attendance volunteers who have just begun volunteering as well as those who have volunteered for more than 20 years! We cannot thank our volunteers enough!

We say it often, but we truly couldn't serve children and families in the way we do without countless hours of volunteer support each year. We were happy to honor **Janis Taft** and **Connie Eaton** with the *"Above and Beyond Award"* for their outstanding service to children and our community!

Volunteer Appreciation Party

Currently we are recruiting for new volunteers for various positions at the Children's Advocacy Center. We will hold volunteer orientations over the next few months. Our next one will be on December 7 at noon. If you would like to attend and learn more about becoming a volunteer, please RSVP to Angela Watson at awatson@cacjc.org.





Upcoming Events For more information, contact us at (541) 734-5437.

Stewards of Children Child Sexual Abuse Prevention Trainings

Mondays – November 16, December 7, January 25, February 22, March 28 · 4–6:30 p.m. Children's Advocacy Center

Learn how to spot the signs of child sexual abuse, intervene effectively if you have a suspicion, and take steps to prevent it from happening. There is a \$10 materials fee.

Giving Tuesday

Tuesday, December 1 · All day

Donate on-line at www.cacjc.org and your donation will be matched (up to

\$500 total that day) by General Credit Services!

Volunteer Orientation

Monday, December 7 · Noon Children's Advocacy Center

Contact Angela at awatson@cacjc.org or (541) 282-5474, X114 for information on becoming a volunteer at our center.

Rogue Valley CrossFit Reindeer Games

Saturday, December 5 · All day Rogue Valley CrossFit

CAC will be the beneficiary of this annual event. Visit www.roguevalleycrossfit.com for more information.

Pints for a Purpose

Tuesday, January 12, 2016 · 5 to 10 p.m. Standing Stone Brewery in Ashland

CAC will receive \$2 from every pint sold that evening. Join us at this fun event and help support services for children!

Winter Gala 2016

Saturday, January 30, 2016 · 5 p.m. Rogue Valley Country Club

Save the date for this annual event. We sold out last year! The theme is Moroccan Nights and we look forward to another great evening full of supporters and friends.



Thank you to Providence for their donation of \$10,000 to our Caring for Kids Campaign.

Dr. Barbara Sibley of Southern Oregon Pediatrics received the first annual Protector of Children Award at our Child Abuse Symposium in June.



In Memorium

We would like to remember and honor three people whose generosity greatly impacted our work over the years. We are grateful to those who made donations in their memory.

"Ike" Eisenstein

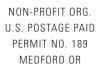
Ike was a donor to the Center for many years, and his son and daughter-in-law, Mark and Donna Eisenstein, continue to be generous to our work. We are grateful for a gift of \$25,000 from the Irving Eisenstein Trust in June.

Marion Huddleston

Marion's son, Mark Huddleston, was one of the founders of the Children's Advocacy Center and is a long-time board member. Marion remembered us each year with donations.

Jolie Johnson

Jolie and her wife, Kathy Bauer, were long-time donors to the center and Jolie was a past member of our Development Committee. We are grateful to Jolie and Kathy for all of their support over the years for our work with children and families.





OF JACKSON COUNTY

816 W. 10TH ST. MEDFORD, OR 97501

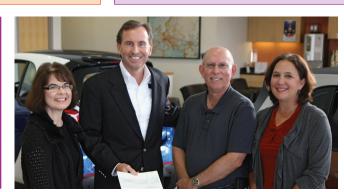
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We are grateful to **Pomodori Ristorante** for the Winemaker's Dinners they offer to help support our work!



Thank you to Jeff Pevar and Inger Jorgensen, Valley View Winery, Sunrise Café, and Wells Land Vineyard for the great concert in September!



Thank you to Mercedes-Benz of Medford for their generous donation of \$10,000 to the Children's Advocacy Center. We were grateful to be the beneficiary of their Dealer Championship Golf Tournament in July 2015!

We were happy to award Sherm and Wanda Olsrud

with the Champion for

Splash in June. We are grateful to all of our

possible.

Children Award at Summer

donors who make our work

Thank you to Mustard Press and Impact Publications for generous donations to help make this newsletter possible. Printed on recycled paper.